



Feature

Nairobi to Cape town by road; the story of Victor Matara

Road Safety

AA Kenya & TotalEnergies launch a roller brake tester The life saver warning triangle

Motorsports

Safari Rally 2024 returns to the Easter weekend













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Safe travels begin with Autocare

elcome to the first edition of the AutoNews Magazine for 2024 where we explore the heart of Kenya's motor industry covering emerging trends, innovations and most importantly, our commitment to Road Safety.

Motor vehicles have become part of our daily lives so much, that we have developed relationships with them. They have become more than just a means of transportation as they are our trusted companions in our live's journey. To ensure that cars serve us without fail, we need to take care of them.

Autocare is a practice that not only safeguards our investments but also ensures our safety. It entails maintenance and attention given to automobiles to ensure that they function properly, have longevity and ultimately, safety.

A well-maintained vehicle not only performs optimally but also emits lower emissions to the environment; a crucial role in mitigating climate change.

In Kenya, the love for road trips and the spirit of adventure often leads us to embark on cross-border journeys. To ensure a smooth and enjoyable travel experience, auto care becomes paramount.

Understanding your vehicle and knowing its needs is the first step in proper autocare. Ignorance of this knowledge can lead to mechanical breakdowns, leaving you stranded on the road, or worse a road accident. Consider a scenario where a driver fails to recognize the signs that the brake pads need to be replaced. This will increase the braking distance, potentially causing a collision with the vehicles ahead.

To address this, AA Kenya is committed to not only teaching you how to drive but also educating drivers about vehicle maintenance and care, empowering them to identify and avoid potential road hazards.

At all our branches, we offer a Basic Autocare course to equip drivers and learners with the necessary knowledge and skills for safe driving and vehicle maintenance.



As we use the roads this new year, take note of the following:

- Develop the right driving attitude on the roads
- Wear your safety belts
- Use the designated footpath or footbridges when crossing the roads
- Be alert when using the road
- Speak when necessary

Let us navigate towards safer roads and brighter tomorrows.

Enjoy the read.

Francis Theuri G.M.D - AA Kenya

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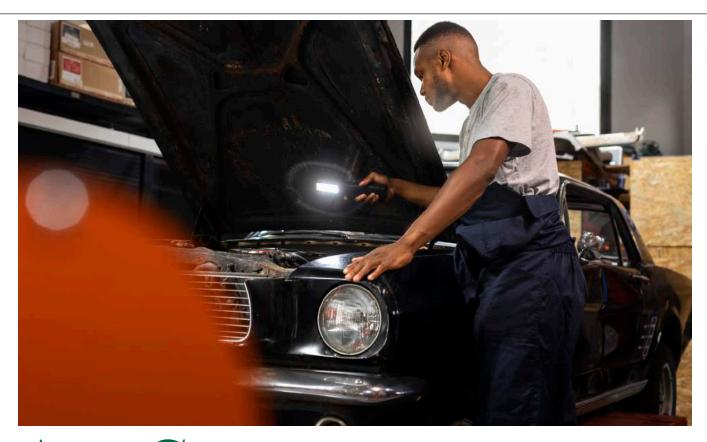
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AutoCare by JM Baraza

elming what was once a widely read automotive newspaper column (Car Clinic, Daily Nation: 2010 - 2022) taught me one thing: precious few of us understand the motor vehicle, and even fewer know what it takes to keep one running faultlessly for any extended period of time.

From uncertainty over service intervals and recommended sundries, to falling prey to conniving mechanics to penny-pinching via corner-cutting – either by buying cheap knockoff parts or forgoing preventative maintenance altogether; the most accurate description one can accord to the average Kenyan motorist is also the most brutal, but the truth is uncomfortable. They can only be described as "toxic".

Granted, a very small subset of the motoring public has received any kind of automotive training, formal or informal; but you don't need special training to manage a regular vehicle.

Watch any premier league football match broadcast and observe the pundits discuss at length the finer intricacies of player deployment, attack and defence strategies, resource management, substitutions, team cohesion and psychology; and you'd be forgiven to assume they belong to the ranks of overpaid and unnecessarily famous managers.

It takes a lot of arcane knowledge to spew that kind of tactical drivel with the confidence these barflies exude, and yet some of these armchair tacticians have grounded or mechanically unsound vehicles stashed away out of sight as they dismissively tell anyone who cares to listen that "gari yangu iko na shida ya sensor" (my car has a sensor problem).

Oddly enough, unlike the world of football with its myriad rules about offsides, corner kicks, red cards and penalties, the rules of motor vehicle maintenance boil down to only three simple things:

- 1. Routine: perform maintenance on your car and replace the sundries on schedule and/or on demand.
- **2. Fidelity:** perform this maintenance using tried and tested resources
- **3. Deflation:** put aside your pride and admit to what you don't know. A corollary to this is: if unsure about something, ask.

I have seen all three rules broken with oftentimes spectacular, sometimes heartbreaking and occasionally hilarious results.

I have seen a Mitsubishi Lancer Evolution X with a twin-clutch SST gearbox so neglected that when the vehicle eventually packed it in and refused to budge, it was brought in only for us to discover the transmission fluid had never been changed so it was no longer a fluid, it had become a gel or a paste.

We had to scoop it out using sticks.

I have seen what happens when one buys fake parts or goes to a sham of a mechanic.

Not only have I seen this, but I have been in the thick of it too, myself. I once had a twin-turbo BH5 Subaru Legacy GT-B E Tune II Revision D that blew a gasket.

What should have been a simple heads offgasket off- gasket on-heads on operation turned into a very expensive engine replacement after the operation went sideways as a result of incompetence.

I should have paid closer attention when the mechanic kept referring to his own twin-turbo in the past tense just before accepting my contract...

I have also seen what happens when people trust their own ill-informed judgement against the word of the experts.

I will not go into details but let's just say, a steadfast refusal to service the braking system in the belief that the owner could "drive around the problem" led to an incomplete journey complete with fatalities. It still haunts me to this day.

There has been a proliferation of digital forums and the creation of a variety of owner's clubs most of which are brand and/or model-specific.

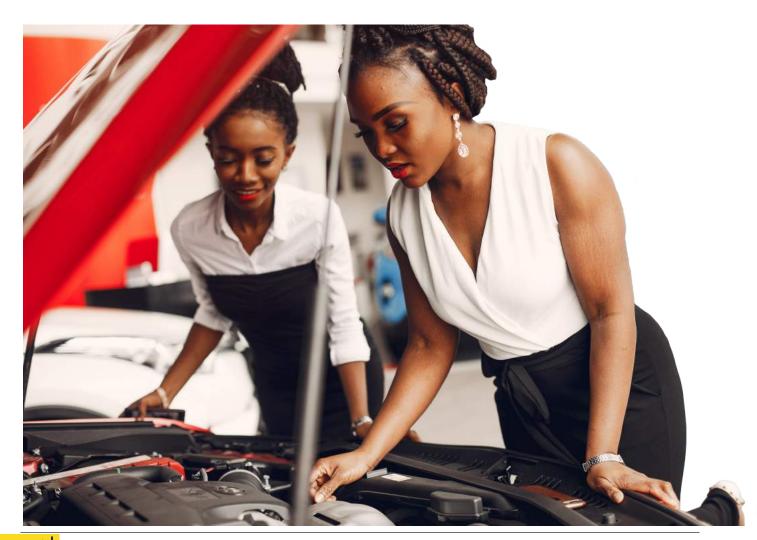
Some go further into era and/or genre specificity.

These coalitions are treasure troves of information and advice, more so pertaining to points 2 and 3 above: they provide contact addresses and recommendations of what to get and where to get them, and they are a repository of informative detail should you run into problems or simply want information.

There is also the consumption of media. It behoves you to be circumspect about what you absorb and what you disregard.

With the spread of social media comes the spread of what I once referred to a "Propshaft Prophets", purveyors of misinformation and agents of disinformation.

They disseminate wrong or unverified claims in the name of fact. Choose your influencer wisely; and if unable to, avoid them altogether.



How to Maintain Your Car

JM Baraza

Establishing Networks

Start with a bit of due diligence. Word of mouth is the most powerful form of advertising, so watch out for the mechanics, garages and parts suppliers who are always being given as references either in general or in forums specific to your car make and/or model; or you could ask outright and quietly run your own poll. That of course means you should join the right forums. Social media is full of them.

The other alternative is to acquire membership of a convenience service such as the one offered by AA Kenya. They will do all the heavy lifting for you; all you need to do is sign up and at your moment of need, dial a number and state your needs or predicament.

(This is not plugging, the service actually works; more so for those who lack the time or inclination to visit the digital space on the regular)

Buying the Right Vehicle

www.aaken

There is a reason motoring journalism exists. It serves as a portal of news and information about every single aspect of the automotive industry; but of course our claim to fame and notoriety comes from the car reviews we do every now and then. Some are first impressions, some involve collection of vital statistics and some are drawn out long term tests. It is this third lot that you should pay particular attention to.

We test motor vehicles so that you don't have to. We push them hard, we strip them down and we comb them through to get all the information we can out of them and send this information to you so that come decision time, you are not starting from a position of complete darkness.

These car reviews unveil enough information to g u i d e your next purchase and sometimes this information contains a reliability index. Is the vehicle dependable or will it spend more time on jack-stands than on marked roads?

Prevention Is The Mother of All Cures

It beggars belief that such an obvious thing would warrant repeating or reminding but as earlier stated, we have... seen things. Economic times may be tough but there is what you can get away with when fudging your maintenance schedule and there is what you can't.

Spark plug replacement? You can skip it. Braking system? Death awaits.

While it may seem thrifty and financially savvy to squeeze as much life out of a component before sending it to the dugout, try not to. Extending a service interval could lead to a seized engine which means an expensive rebuild or even more expensive replacement. Overstretching tyre life could lead to a blowout with outcomes that are both painful and expensive. If you can't afford some maintenance steps, sometimes it's best to just park your car until such a time as when you can replace it comes around

Empower Yourself

Acquire a little knowledge about cars and their systems. Don't be completely clueless to the point of being at the mercy of any joker who can correctly spell the words "crankshaft position sensor".

But Why Even Bother?

₹40 Years GOLI

Strangely enough, all this could be for nothing, particularly the fourth entry. Technology is changing at an alarming rate. We grew up with carburettors which have since been superseded by electronic fuel injection. Now we have hybrid cars and we have EVs which were touted as the future but some upstart car companies now claim hydrogen is the way. Let's not forget cars have advanced safety systems, a lot of them are self-parking and many others

eek self-driving (autonomous) capability. Who is supposed to memorize all this technology?

Not you, as it turns out.
Over the years a lot of car
manufacturers are taking
repair capability away
from the common man
and limiting it to approved

forecourts only. Ferrari has done this for the longest time, machining their hardware to be accessible by proprietary tooling only available at approved dealerships. Given that something as "simple" as a clutch replacement on a midengine V8 involves excising half the bodywork and dropping both the engine and gearbox, you will not find many people outside of Ferrari willing to undertake such an operation.

It's not just in the upper levels of car strata. Toyota uses proprietary software in their ECUs that you cannot hack, it's simply locked. John Deere in

America did it with their on-board diagnostics system, a decision that drew the ire of their clients and led to a drawn-out lawsuit over something called the Right to Repair.

As more and more incidences like this come to light, and as cars continue increasing complexity, it will become ultimately pointless trying to learn anything beyond the bare minimum. Once upon a time, we could open the backs of our Nokia 3310s and Compaq desktops to replace the batteries and fans clean the respectively. But

now? Smartphones come with non-detachable batteries; some even have permanent rear covers that cannot be opened by anyone except the trained repairman at the brand outlet. The same thing applies to laptops: they are sealed shut with screws that are barely visible to the naked eye. For both devices, once they act up you either discard it and replace; or take it to a specialist. The same thing will apply to vehicles very soon



The life saver warning Triangle



By Bunduki Rodgers

While you are out for a drive, the unpredictability of the road underscores the importance of being prepared, not just for your own safety, but for the well-being of fellow road users.

Stopping on a highway or roadside poses inherent risks, especially on winding roads, in poorly lit areas, or during adverse weather conditions.

So, how do you ensure safety for yourself and others in the aftermath of an incident?

The warning triangle warns other drivers of a stationary vehicle. Its primary objective? To secure the site of a halted car and caution motorists, ensuring their safe navigation around it.

These triangles are indispensable because they:

- Enhance the visibility of your immobilized vehi-
- Warn approaching traffic of the presence of your stationary vehicle.

By delving further, you'll gain insight into the utility of warning triangles and how to wield them effectively for maximum benefit. Remember, it's not just about having them; it's about using them correctly.

How to Utilize Lifesaver Warning Triangles

If your vehicle is stationary, whether due to a breakdown or any other reason besides a traffic stop, ensuring its visibility to other motorists is crucial. Activating your hazard lights not only renders you visible but also signals to other drivers that your vehicle is stationary.

For optimal safety, position your car as far off the driving area as possible.

Opening your hood, if feasible, magnifies the appearance of your vehicle, making it more conspicuous to others.

After maximizing visibility, deploying lifesaver warning triangles becomes paramount. Whether utilizing auto lights or traditional triangles, ensure they are positioned at appropriate intervals from each other and your vehicle to alert others of your stationary status.

Where Should Lifesaver Triangles Be Placed?
Proper alignment of warning triangles is vital to capturing the attention of oncoming traffic and

capturing the attention of oncoming traffic and signaling a potential need for assistance. So, how do you position them for optimal visibility?

The recommended placement of reflective warning triangles is at least 50 to 70 meters in front of and behind a stalled vehicle on the road.

Consider these guidelines for placing warning triangles:

- Activate hazard lights whenever you stop your car on the shoulder or in the travel lane, as mandated by law.
- Deploy warning triangles promptly after pulling over, ideally within the first 10 minutes.
- Ensure reflective material or LED lights face oncoming traffic for maximum visibility.
- On straight roads, adhere to previously mentioned placement instructions.
- On curves, hills, or near visual obstructions, position warning triangles between 100 and 500 feet from the disabled vehicle.



Conclusion

Prompt placement of warning devices should be a top priority after safely pulling off the road. Ensure triangles or flares are in position within 10 minutes of stopping. Activate your hazard lights immediately to alert traffic of your immobile vehicle. Adhering to these instructions on proper emergency triangle placement could safeguard not only your life but also the lives of others on the road.





n recent years, Kenya has faced a growing environmental challenge – air pollution caused by vehicles. Nairobi, the capital city, and other urban centers are choking on exhaust fumes from a large number of vehicles on the road, especially grey imports that make up around 90% of the country's automotive fleet. This issue is not just about smog and unpleasant odors; it has severe repercussions for public health and the environment. In this article, we explore the reasons why Kenya needs to enact vehicle emission laws, propose a route for enactment, and discuss the benefits it can bring.

Reasons for Enactment:

- 1. Grey Imports and Environmental Pollution: The influx of used, high-emission vehicles into Kenya, often referred to as "grey imports," has been a primary contributor to air pollution. These vehicles do not adhere to modern emission standards and are major culprits in the release of harmful pollutants.
- 2. Rise in Respiratory Diseases: The increase in air pollution directly correlates with a rise

in respiratory diseases in Kenya. The health of citizens, especially in densely populated urban areas, is at risk due to prolonged exposure to polluted air.

3. Climate Change Impact: Pollution from vehicles also contributes to climate change. Kenya has already felt the effects of erratic weather patterns and decreased rainfall, which have severe consequences for agriculture and food security. Enacting vehicle emission laws can play a role in mitigating this issue.

Proposed Route of Enactment:

To address these pressing concerns, Kenya should look to the Indian emissions law as a model for its own. India shares similar environmental conditions and challenges with Kenya, making it a costeffective choice for adoption. Collaborative efforts between the Kenyan Bureau of Standards (KEBS), the Ministry of Environment, and universities can help tailor these regulations to suit the Kenyan context.

Benefits of Enactment:

- 1. Development of Ultra-Low Emission Zones: Enacting vehicle emission laws will pave the way for the creation of Ultra-Low Emission Zones in Kenyan cities. These zones would impose stricter emission standards and make it more expensive to drive high-emission vehicles within city limits. In turn, this will encourage cleaner air and a healthier environment for city residents.
- **2. Revenue Generation:** Mandating yearly vehicle inspections for emissions compliance not only ensures cleaner air but also provides a significant revenue stream for the government. Revenue generated from inspection fees can be reinvested into environmental initiatives.
- **3. Encouragement of Electric and Hybrid Vehicles:** Implementing emission laws will incentivize the adoption of cleaner and more sustainable technologies like electric and hybrid vehicles. Reduced import taxes or other incentives for eco-friendly vehicles can play a pivotal role in driving this transition.

In conclusion, enacting vehicle emission laws in Kenya is not just an environmental necessity but a vital step towards ensuring the well-being of its citizens and addressing the looming threat of climate change. By adopting the Indian model and involving key stakeholders, Kenya can tailor regulations to its specific needs while enjoying the numerous benefits, including cleaner air, revenue generation, and the promotion of eco-friendly vehicles. It's time for Kenya to clear the air and pave the way for a more sustainable and healthier future.



AA Kenya and TotalEnergies launch a cutting-edge roller brake tester facility to boost Road Safety

By Timothy Albrite



A Kenya's GMD, Francis Theuri, together with his TotalEnergies Kenya's counterpart, Eric Fanchini, officially launched a state-of-the-art Roller Brake Tester (RBT) facility. The joint venture, cemented by a shared commitment to safety, marks a milestone in the ongoing efforts to mitigate road accidents caused by brake failures in heavy vehicles.

Imagine this: you're driving along the highway, and in your rear-view mirror, you spot a massive commercial vehicle approaching at an alarming speed, horn blaring. The chilling realization sets in—it might have lost its brakes. Francis Theuri, GMD of AA Kenya, has had a first-hand experience with such heart-stopping moments on our roads.

Many times, when there is a road crash incident on our roads, a common term we hear is the heavier vehicle, mostly a lorry, truck or bus had lost brakes and ended up hitting other cars and motorists on the road, resulting in a fatal road crash.

Well, TotalEnergies, a key player in transporting petroleum products by road all over the country does not want to be part of these grim statistics. Instead, it aims to be a game-changer by proactively ensuring the safety of its fleet.

All TotalEnergies trucks involved in fuel transportation throughout Kenya will undergo rigorous Brake Roller Tests to verify the proper functioning of their braking systems. This initiative underscores Total Energies' commitment to adhering to international roadworthiness standards and contributes significantly to the overall road safety strategy.

The Roller Brake Tester

The Roller Brake Tester is a cutting-edge tool that plays a pivotal role in upholding road safety standards. The importance of this technology lies in its ability to objectively evaluate the condition of a vehicle's braking system. The process is not only reliable but also eliminates the potential for human error.

Key features of the Roller Brake Tester include:

- International Compliance: The RBT ensures that trucks carrying petroleum products comply with international roadworthiness standards, aligning seamlessly with TotalEnergies' and AA Kenya's commitment to safety.
- Objective Evaluation: Utilizing a computercontrolled measuring system, the RBT provides a reliable and objective assessment of a vehicle's braking system.
- Eliminating Human Error: The automated system eliminates the risk of human error, ensuring accuracy and precision in evaluating the condition of the vehicle.
- Electro-Hydraulic Control Device: In addition to brake testing, an Electro-Hydraulic control device is employed to inspect critical steering and suspension components for wear and tear.

AA Kenya, a pioneer in vehicle valuations and inspection services, has played a crucial role in establishing and maintaining high standards in the industry. AA boasts of a dedicated team of well-trained inspectors who bring professionalism and expertise to the forefront.



Over the years, AA has earned a strong reputation for its commitment to providing strategic risk management solutions, focusing on proactive measures rather than reactive responses. This approach allows businesses to concentrate on their growth objectives with confidence, knowing that their fleet is in capable hands.

The collaborative effort between AA Kenya and TotalEnergies, exemplified by the launch of the Roller Brake Tester facility, demonstrates their shared commitment to making Kenyan roads safer for all. AA Kenya and TotalEnergies collaboration does not stop there, all AA Members receive a KES 2 per litre each time they fuel at Total.

AA fleet is fueled at Total, carries out refresher and defensive driving training to TotalEnergies staff, contractors and transporters as well as Safe to load inspection services to ensure all fuel trucks are safe before fuel is loaded into them.

As TotalEnergies leads the way in adopting innovative safety measures, it sets a commendable standard for the entire industry, emphasizing the importance of proactive measures to prevent accidents caused by brake failures in heavy commercial vehicles. It is hoped that other stakeholders in the oil and transportation industry will follow suit, contributing to a collective effort to reduce road accidents and save lives.

WRC 2024 Returns to the Easter Weekend



The Safari rally made a return to Kenya in 2021 after a 19-year hiatus, reviving the country's legacy as the host of one of the world's toughest motorsports events. This is a significant moment for motorsport enthusiasts, fans and participants.

This year, the Safari rally will be held during the Easter weekend. "Easter na Safari rally" is a tradition that dates back to the days of legendary rally driver Shekhar Mehta famously pronounced as Shakameta among rally fans who then, were school-going children but are now the parents of today.

The rally, a staple of Easter festivities in Kenya, holds a special place in the hearts of many, especially those who recall its glory days.

This is the third round of the arc series that will be held from March 28th to 31st. The Easter factor brings an extra dose of excitement, happening for the first time in 26 years, offering Kenyan fans a unique opportunity to immerse themselves fully in the adrenaline-filled action.

It is expected to be a beautiful family weekend as schools will also be closed, offering a unique opportunity for families to participate as spectators. Kenyans are expected to turn out in force, making it a delightful weekend outing for all. Moreover, with the rally serving as the anchor for a string of national championship events, the excitement is bound to reach fever pitch.

Notably, there has been a resurgence of local talent in the motorsport scene, with our homegrown rally champions making their mark once again.

There's also been a noticeable increase in female participation, showcasing the growing inclusivity

of the sport.

Looking ahead, the Ministry of Sports is throwing its weight behind the Talanta Hela Women's Rally Team 2024, aiming to surpass the support garnered in the previous year.

Sports CS Ababu Namwamba reaffirmed the government's commitment to the Safari rally, emphasizing its significance not only for Kenya but for the broader African continent. He urged the Kenya Motorsport Federation (KMSF) to uphold high standards in managing the event, ensuring its continued success and prestige.

Local drivers are also encouraged to step up and honor the legacy of Shekhar Mehta, who went head-to-head with world champions on the challenging Safari rally stages. The Ministry of Sports stands ready to support Kenyan drivers, providing them with the resources and backing needed to excel on the international stage.

As anticipation builds for the upcoming Safari rally during the Easter weekend, all eyes are on Kenya as it prepares to showcase its prowess in motorsport once again. With a rich history and a bright future ahead, the Safari rally promises to captivate audiences and reignite the spirit of adventure for fans young and old alike.



Jim Heather-Hayes posthumously named best motorsports personality of 2023 By Samson Ateka - Media Relations Manager

im Heather-Hayes is the Kenya Motor Sports Federation (KMSF) best personality of the year 2023. By Samson Ateka - Media Relations Manager KMSF

motorsports personalities.

The occasion graced by Sports Cabinet Secretary Ababu Namwamba and Principal Secretary Peter Tum also feted African Rally Champions Karan Patel and Hamza Anwar who was the continental junior Champion.

Among the season's champions feted for their exemplary performances included Kenya National Rally overall champions and siblings Jasmeet and Ravi Chana, who also completed a rare double in clinching the B13 category.

Jasmeet is a second generation driver and one of the few drivers to have won virtually all categories of motor rallying in Kenya including Group N, Group N, Divisions 1 and 3 and Two Wheel Drive in his early days of racing.

Tim Jessop, who guided Carl Tundo to a record five ARC Safari Rally titles as a navigator was feted as the overall Kenya National Rally Raid Champion.

Siblings Chantal and Zane Young were feted for winning the Rally Raid Buggy class.

Rising Star Neel Gohil received his award for an unprecedented double in the Kenyan National Autocross category alongside Eric Bengi (4WD-T), John Kadivani (Open) and Azaad Manji (2WD-T).

CS Ababu Namwamba who was the chief guest promised to shore-up the status of the prestigious Kenya National Rally Championship and various disciplines of motorsports to ensure that our local crews prepare adequately for the iconic WRC Safari

Ababu: "We cannot continue savoring bragging rights of hosting the toughest and most popular WRC event globally yet our local rally championship is not robust. On that note, I wish to call on sponsors and well wishers to partner with us in ensuring that we regain the longstanding glory that the rally-sport has presented for donkey's years

This year's ceremony was held at the Carnivore Nairobi, Kenya, and was attended by a number of dignitaries, including government officials and including the president of Rwanda Automobile Club

Christian Gakwaya and his Ugandan counterpart Dipu Ruparelia.

KMSF CHAMPIONSHIP WINNERS-2023



Considered one of the greatest legends in the sport of rallying, Heather-Hayes passed on in 2022 and was acknowledged for his longstanding contribution to the sport

Heather-Hayes was a well known rally driver at the height of his rallying career and played a pivotal role in mentoring the next generation of motorsport champions.

His best result was in the 1990 Safari Rally when he finished in the sixth overall position.

Heather-Hayes first tackled the real Safari Rally as a World Rally Championship event notably in 1984 when the event was sponsored by Marlboro and was part of the World Rally Championship series

Kenya Motor Sports Federation Chairman Maina Muturi paid special tribute to Heather-Hayes, adding: "It's a testament to his dedication and hard work, as well as his passion for motorsports over the years."

Maina added that Heather-Hayes consistently demonstrated his commitment to the sport making him a standout personality for the award which dates back to the 60s.

The KMSF awards ceremony is an annual event that celebrates the achievements of Kenyan KENYA NATIONAL RALLY RAID CHAMPIONSHIP 2023

Rally Raid Champion: Tim Jessop Rally Raid Top Driver: Alasdair Keith

Rally Raid Top Navigator: Charles Mousley

Prototype Class Driver: Mark Glen

Prototype Class Navigator: Douglas Rundgren

Modified Class Driver: Alasdair Keith

Modified Class Navigator: Charles Mousley

Buggy Class Driver: Zane Young

Buggy Class Navigator: Chantal Young

KENYA NATIONAL TARMAC CHAMPIONSHIP WINNERS 2023

4WD Class: Leroy Mwamba 2WD Class: Moses Mwendwa

NATIONAL KENYA KARTING CHAMPIONSHIP WINNERS 2023

Bambino Comer Class: Wilf Mulyanga

Cadet Class: Bixente Rio Wyles

Rotax Junior Max Class: Krrish Vadgama

KENYA NATIONAL 4 x 4 CHAMPIONSHIP WINNERS 2023

Beginner Driver: Gabriel Lauvaux/ Beginner Co -

Driver: Olivier Lauvaux

Intermediate Driver: Ben Waiyaki / Intermediate

Co-Driver: Prabjot Saimbi

Expert Driver: Gurashish Singh / Expert Co-Driver:

Kunal Patel

Super Expert Driver Oliver: Lauvaux / Super Expert

Co - Driver: John Herbert

KENYA NATIONAL AUTOCROSS CHAMPIONSHIP **WINNERS 2023**

Class 1 - 2wd Non-Turbo Buggy: Neel Gohil

Class 2 - 2wd Non-Turbo: Car Neel Gohil

Class 3 - 2wd Turbo Buggy: Azaad Manji

Class 4 - 4wd Non-Turbo: Jose Sardinha

Class 5 - 4wd Turbo: Eric Bengi

Class 6 - Open: John Kadivane

Class 8 – Bambino: Eann Bengi

Class 9 - Junior 2wd Non-Turbo: Karamveer Singh

Roopra

Class 10 – Peewee: Allan Bengi

FIA ARC CHAMPIONSHIP WINNERS 2023

Driver: Karan Patel/Co - Driver: Tauseef Khan

KENYA NATIONAL RALLY CHAMPIONSHIP WINNERS 2023

KNRC Group Classic: Driver Ian Duncan/Co -Driver: Jaspal Matharu

KNRC Group 2wd: Driver Daren Miranda /Co -

Driver: Linet Ayuko

KNRC Group SPV: Driver Jose Sardinha/Co - Driver

Shameer Yusuf

KNRC Group S: Driver Kush Patel/Co - Driver:

Mudasar Chaudry

KNRC Group Rally Raid: Driver Chinu Matharu /Co

- Driver: Raju Chaggar

KNRC Group B13: Driver Jasmeet Chana /Co -

Driver: Ravi Chana

KNRC Group N: Driver Nikhil Sachania/Co – Driver:

Deep Patel

KNRC Group Rally 3: Driver McRae Kimathi/Co -

Driver: Mwangi Kioni

KNRC Group Rally 2: Driver Samman Vohra/Co –

Driver: Alfir Khan

KNRC Overall Champions: Driver Jasmeet Chana/

Co – Driver: Ravi Chana

PAST MOTORSPORT PERSONALITIES OF THE YEAR

SINCE 2000

2000 Rory Green & Orson Tailor

2001 Glen Edmunds

2002 Anthony Nielsen

2003 Ian Duncan

2004 Sammy Aslam

2005 Carl "Flash" Tundo

2006 Anthony Nielsen

2007 Baldev Chager

2008 Azar Anwar

2009 Ben Muchemi

2010 Ian Duncan

2011 Aslam Khan

2012 Shivam Vinayak

2013 Baldev Chager

2014 Nikhil Sachania

2015 Jaspreet Chatthe

2016 Tapio Laukkanen (Finland)

2017 Manvir Baryan

2018 Tuta Mionki

2019 Phineas Klmathi

2020 NOT HELD DUE TO COVID-19

2021 Aakif Virani

2022 Karan Patel

2023: Jim Heather -Hayes



Exploring the growing popularity of newer car brands in the Kenyan Auto scene

By Byron Omondi byronomondi623@gmail.com



hether you've been keen or not in equal measure, it hasn't been hard to notice the rise of newer and diverse car brands on Kenyan roads.

Kenyan motorists have adopted newer brands over the last few months & years. Newer because these are brands that have traditionally not been popular on Kenyan roads. The rock-hard question is why now?

For starters, the average young Kenyan first time car buyer is almost certainly not interested in budget cars that can be fixed at the next petrol station in case of a mechanical breakdown, or one that has no screens popping in & out of the dash.

They are driven by a very strong urge to make statements on the road- and for Instagram.

Times are changing fast & those who cannot embrace the concorde esque speed that new tech in the motoring industry is moving at will only blame themselves.

The traditional brands that have dominated the scenes are simply not embracing new tech across their entire lineups in favor of maintaining the "budget identity" and hence losing out.

A few years ago, a Toyota Auris made a decent first car option. However, with flashier models like AUDI's coming in, the young generation will easily pick the sleek Audi A3 which is a far cry from the "dad and mum cars" of old with better cabin aesthetics and in-cabin tech.

Another reason for this change can be attributed to the sudden rise of better Mechanical Services in the local scenes.

Unlike their parents who might still be trying to fully understand their expensive tablets, the young person today will open their laptop, head straight to YouTube or online car feeds & try to find out what that light on the dash or creaking sound beneath the car could be.

This has also seen the sudden rise of Garages that handle the high end & newer brands that have been coming into the market.

The old-day father was more scared of where they would take a new brand for an air filter change than their son who'll probably do it right in front of

his father's doorstep. It's the adventurous nature of the new generation that is playing a big part in this.

They want to keep learning & finding ways around things & this is one way to survive the current times.

Thirdly, these new models present themselves as more exciting cars built to improve driving experiences & there are no gifts for guessing just how much today's young driver will fork out to achieve road-related thrill.

The days when cars were meant for accessing point B & back are gone.

This generation is more leaned towards getting to point B in half the time Dad & Mum cars do as well as taking on whoever dares to challenge them out there.

Newer car brands & models are more tailored to achieve this kind of thrill & as such, they have



become popular among the young generation. These brands have presented better tuning platforms & performance upgrades that are highly sought after. It's no longer cool to do Nairobi-Mombasa in 7 hours!

If you can do it in 4-5 hours, you stand a chance of getting overnight fame on Instagram & this is exactly what this generation is engineered for.

We've also seen the overnight rise of new multi-millionaires with questionable sources of wealth.

These are people who conduct Tiktok Live videos on Monday mornings then hit high-end joints at night- throughout the week...& months...& years. It's no longer a new thing to spot an AUDI RSQ8 or a W12-powered Bentley Bentayga on our roads.

This is not to put anyone on a table for a lifestyle audit but driving a car worth 40-50 Million shillings with a 6.0L twin-turbo W12 motor at a time when a litre of Petrol costs an arm puts you on the spotlight.

Anyone with the kind of money these new millionaires flash online would most certainly not want to be seen in a car that gets spotted every 15 seconds. This would be detrimental to the image they portray online.

Should you embrace the new models? The answer would be a straight Yes.

Newer cars and models not only come with new tech that makes your daily commutes better but are also safer means of transport. Manufacturers are currently locked in neverending battles to make sure that their next products will make you avoid hitting the cyclist & pedestrian that your Dad-car would certainly hit if it veered off the road.

They also alert you of the looming danger in the blindspots around you.

Anyone buying a car at this age certainly wants a car that would keep them safe in the unfortunate event that things go south.

Other than safety, modern cars are not leaving anything to chance when it comes to your comfort.

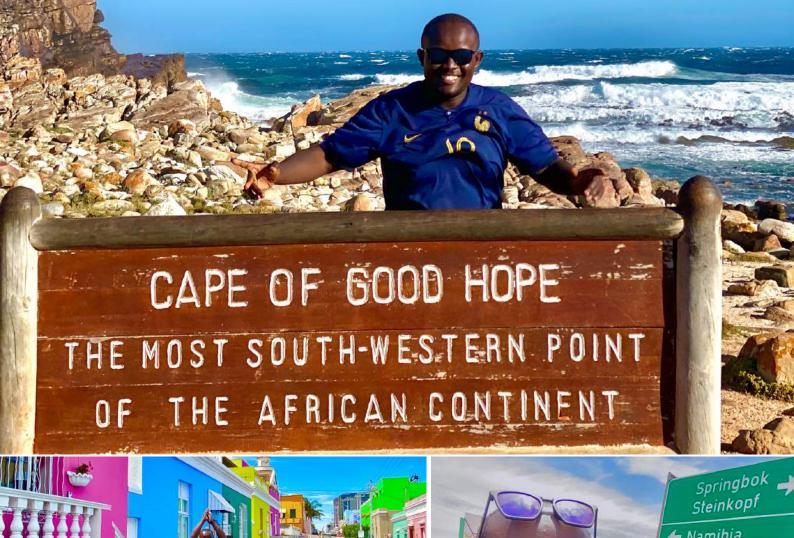
If you value good music, they will go all out to minimize your chances of putting that big wooden speaker in your boot space by outsourcing speakers & subwoofers from the best companies available, if you want plenty of light in your cabin, a sliding panoramic sunroof is like a basic need these days & cold or hot seasons no longer have to affect your days with cooled, heated & massaging seats at your disposal.

Cars have become better with time & if you're willing to go deeper into your savings, you stand a chance of getting a new mobile home.

















Victor Matara's road trip from Nairobi, Kenya to Cape Town, South Africa is a motoring enthusiast's dream come true.

Only a few journeys rival the adventure of a 52-day road trip, transversing nine countries and spanning 13,398 kilometers in a 2014 Subaru XV.

With Vincent Ondari as his co-driver, the duo navigate through diverse landscapes, border crossings, and experiences that weave a captivating tale of adventure.

The journey kicks off in Nairobi Kenya, with Namanga One Stop Border Post being the first checkpoint crossing into Tanzania. The process unfolds seamlessly, with all necessary procedures efficiently completed within one and a half hours. However, this is still a long time compared to having a carnet de passage which has proven to significantly reduce the time spent at border posts.

He obtained a COMESA yellow card which is an extension of the local insurance acceptable in member countries and with that, he was ready to hit the road.

Navigating the essentials: Passport, Licenses, and Insurance

You will need an International Driving Permit solely issued by AA Kenya complemented by your Kenyan driver's license.

The Carnet de Passage; a car passport also issued by AA Kenya to seamlessly cross through borders saving a lot of time and money.

Victor is fortunate to avoid car breakdowns, requiring only routine servicing throughout the expedition. In the age of Covid, a surprising twist unfolds – no request for a Covid certificate at any border.

Tales of the roads

Journeying through varying terrains, certain stretches challenge the resilience of both driver and vehicle.

Tanzania has smooth and well-maintained roads. However, the scenic roads come with strict 50 km/hr speed limits, which can significantly slow down your journey. You would have to choose between slowing down your journey significantly or parting with hefty fines for driving above the speed limit.



There are policemen with speed cameras everywhere strictly enforcing the 50 km/hr zones.

Potholes dot the Nakonde-Kapiri Mposhi stretch in Zambia, the Katima Mlilo-Livingstone stretch, and the Salima-Nkhotakota-Rukuru-Chiweta stretch in Malawi.

However, respite comes on the smoother roads of South Africa and Namibia.

In Namibia, a unique driving rule emerges – always keep your lights on during the day, a safety measure to reduce accidents, backed by a 1000 Namibian Dollar fine for non-compliance.

Throughout their journey, Matara and Ondari relied on the performance and reliability of the Subaru XV to carry them through. From the smooth highways of South Africa to the rugged backroads of Botswana, their trusty ride proved to be more than capable of handling whatever the road threw their way.

South Africa, a beacon of advancement, unfolds its beauty in the Western Cape region. The minimum speed on the highway is 100km/hr and like Victor, you could be stopped for driving slow.

Let's dive into the captivating narrative of Victor Matara's epic road trip as he shares, in his ownwords, his escapades per country:

South Africa

South Africa is an advanced country (miles ahead) with beautiful landscapes, especially in the

Western Cape region. The hype about South Africa is real. Arguably the most advanced country I have ever visited in Africa.

The minimum speed on the highway is 100km/hr.

Namibia

Namibia is a stunning country although internet speeds were quite slow during our visit. Their

deserted roads might come as a surprise.

Botswana

Botswana is known for its abundant elephant population, and the architectural

diversity in Gaborone fascinated us.

Lesotho

The kingdom on the hill

- Interestingly, their currency has the same value as South Africa.

Tanzania

The scenic roads come with strict 50 km/hr speed limits. Tanzania stood out for exceptional hospitality, good roads, and affordable food.

Zambia: Zambia offers plenty of food options, but be prepared for toll roads and fees. It is also

worth noting that in Zambia, it is required to have front white reflectors and red rear reflectors on your car to enhance visibility at night.

Zimbabwe

Victoria Falls in Zimbabwe is a must-visit! Would pay to see those falls for the first time again.

Malawi

People were kind and welcoming, and Lake Malawi is a spectacular sight!

They have the cheapest internet rates...(Airtel Malawi to be specific)

However, Fuel in Malawi is very expensive, and at certain points, there might be a shortage. It is

important to prepare accordingly and factor in the higher fuel costs in your budget.

Kenya

Kenya has the best internet, which you will definitely miss as you travel further south.

Border Crossings: Navigating Costs and Seemless Exits

Border crossings present their challenges, with Victor sharing the costs incurred in Zambia, Botswana, South Africa, Lesotho, Namibia, and Malawi. Each crossing unveils its unique challenges, from Interpol charges to carbon taxes and agent facilitation fees. South Africa surprises with a swift and fee-free entry at Kopfontein Border Post.

As I have mentioned above, the ticket to your peace of mind in border crossing is a carnet that will significantly reduce your costs and the process made hassle-free.

A Journey Worth Every Coin

In the end, Victor's reflection on the trip echoes a resounding endorsement – the journey to the South is worth every coin. Would he embark on this epic road trip again? Absolutely!

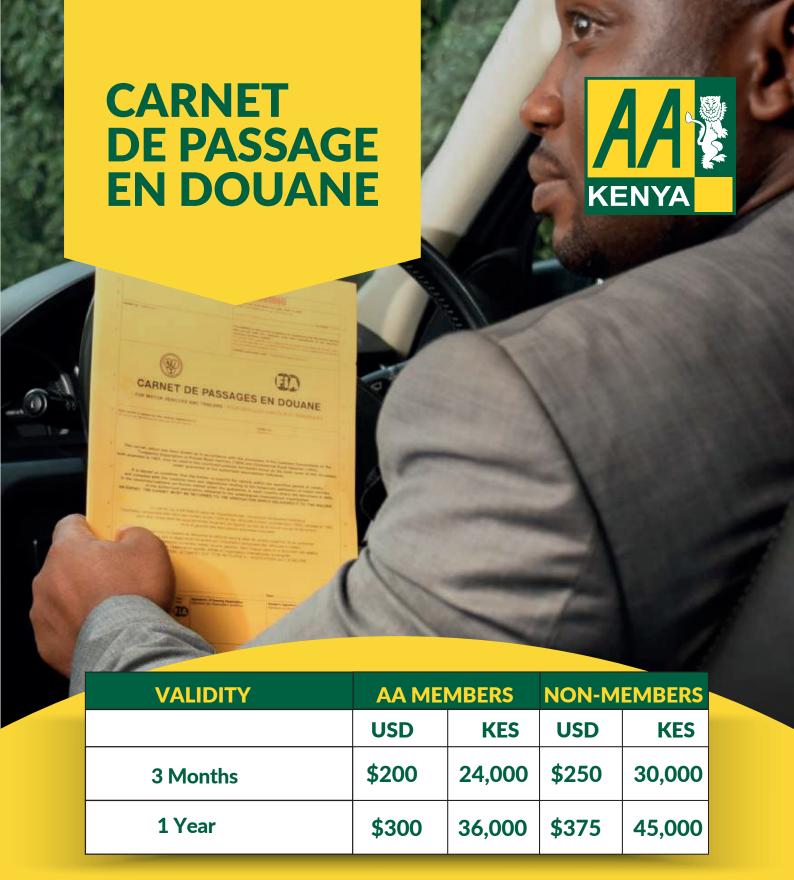
The absence of a Carnet de Passage is a valuable lesson for fellow travellers planning a similar adventure – having this document can mean faster border crossings, greater freedom, and potential cost savings. The South African adventure serves as an inspiring testament to the vast opportunities awaiting those daring enough to explore the roads less traveled.



Essential tips for motorists planning the Nairobi- Cape Town Road trip

By Victor Matara

- Make sure your car has decent ground clearance, as some sections in Malawi and Zambia can be challenging.
- Perform a thorough service on the car before leaving Nairobi and consider doing it every 5,000 kilometers.
- Carry the car's original logbook.
- Ensure your headlights are working properly, as some roads may not be well lit. It can get really dark in some sections, so I don't advise driving at night.
- Observe the 50 km/hr speed limit in Tanzania where it is labeled, especially near schools and market centers. The authorities are strict about it. Slow down when approaching a zebra crossing.
- In Zambia, make sure to have car reflectors, even if your car already has stock ones. They are very strict about this requirement.
- In Namibia, keep your lights on when driving. Authorities argue that this measure increases the visibility of your car and helps prevent accidents.
- In Botswana and Namibia, try to schedule your journey to avoid driving at night, as there are a lot of wildlife, especially elephants, on the road.
- Note that Zambia has a 10 pm curfew for foreign cars.
- In South Africa, on highways, the minimum speed is 100 km/hr. We were stopped at one point for "driving slow."



The Requirements Include:

- a.) Valuation report
- b.) Applicant's passport
- c.) Logbook
- d.) Touring guarantee cash/bank
- e.) Duly filled application form

DID YOU KNOW?

A carnet is made up of 25 pages with a validity period of one year or 10 pages valid for 3 months. It is therefore possible to use the vehicle up to 25 countries in one year period.



AA Destinations holds a breakfast meeting with stakeholders in the tours & travel industry By Elizabeth Ngigi

A Destinations, a subsidiary of AA Kenya, with a legacy rooted in providing expert travel information, held a breakfast meeting with stakeholders from the tours & travel industry in the country. The meeting aimed to discuss ways of strengthening the companies to provide more personalized services to travelers in a way that will enhance travel solutions, meeting the growing consumer demands.

AA Destinations has been a leader in the travel industry, providing expert information on roads even in a time when google maps was not there. It has embraced technology to make travel easier than ever for the modern adventurer. At the click of a button, you will get information on hotels, food, parks, cultural centers, airlines, trains, buses, cars, visas, health requirements for travel, roads, borders, and more.

Licensing, ensures that global travelers are able to seamlessly and legally drive in foreign countries without any hurdles. Issuing two important documents;

The International Driving permit to allow individuals to drive in the countries they are visiting.

Carnet de passage en Douane- a car passport that allows one to travel abroad with their cars, crossing boarders seamlessly saving a lot of time and money in border fees.

Travel encompasses flight bookings, organizing local and international tours as well as business/corporate travel.

At the breakfast meeting, AA Destinations interacted with tour companies and answered emerging questions, building networks that benefit and redefine the travel industry in the country giving customers more flexible options when travelling while fueling their spirit of adventure.

Stakeholders deliberated on strategies for the industry, ensuring good delivery of personalized services that align with the market demand.

A discussion on ways to enhance travelers who want to use their cars to drive out of the countries was had. They also provided information required to travel and other related matters. With stakeholders appreciating the effort made by AA to bring them together.

The travel industry is constantly evolving and AA Destinations has taken initiative to provide solutions that will meet the increasing and emerging consumer needs.



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- · Over 20% Discount on all AA Kenya products

CONTACTS: 0799 688 027/0709 933 000

tours@aakenya.co.ke

Autocare; the story of FPS Auto

By Timothy Albrite

The Auto BodyWork world has in recent years grown a great deal and seen new players, technology, expertise get footing in the country. One of the players making strides in the auto body work scene is FPS Auto Garage located in Nairobi's Industrial Area.

Behind FPS Auto is a name and familiar face, Peter Ndung'u, who also goes by the name FPS.

Peter's journey into vehicle body work in rather interesting and one too familiar. Driven by passion and keen on vehicle aesthetics, it was only right that he gave it a try and in the last 2 years, boasts and a success story and a flourishing business.

Driven by a combination of reasons, motor vehicles, not only in Kenya but worldwide, continue to increase in cost.

This, together with exposure to online car content has greatly driven the need for auto care in through his journey and through it, we get to dwell deeper into auto care and the FPS venture that he today fully runs after leaving his corporate job.

"Cars have always been a matter of interest for me. They always fascinated me and I always wanted to venture into a car related business. As I grew older, my keen on vehicles inclined more into aesthetics and it quickly dawned on me that a clean, shiny and well maintained body was the itch I had. I always wanted to have a shiny and aesthetically pleasing car" says Peter

One thing he noticed was a gap in the body work space. Customers would either pay and arm and a leg to get great body work or save a coin at the expense of the quality of body work repairs and paint resprays.

He identified a middle ground where for slightly lower than over the top a cost, yet slightly more than the cost of low quality, a market existed.



bodyworkandthispresentedalearningopportunity; work on the car himself. Teaming up with a skilled friend, they brought the car back to as good as new.

This gave birth to the idea of going commercial and in August of 2021, FPS Auto was born.

FPS, like most ventures started, as a capital strained, open air body work shop. This however started to bare fruit and from the savings made from every satisfied customer, FPS moved into a 7000sqft facility in April of 2022. This is where FPS still stands

Initially focusing on dent removal and resprays, the venture has expanded to suit the growing market demand and now provides an array of services, on top of the initial services. These include Ceramic coating, Wrapping, PPF (Paint Protective Film), rim restoration just to name a few. At the core of FPS's mission remains the hunger for perfection & attention to detail.

PaintCorrection

The term Paint Correction is one that is loosely used in the body work space and for the most part, many continue to use it wrong.

Mr. Ndungu paints a valid picture of what paint correction is. Now picture this, a brand new car that sits out in the sun, barely driven.

his is bound to have its paint damaged by environmental conditions such as the sun's UV rays, tiny rock and leaf chips from winds, heat and even the rain.

Paint correction is the art of restoring a cars paint back to as good as new without respraying or extensive body work. This will entail swirl mark removal, water mark removal, rock chip treatment, interior detailing, wheel cleaning, polishing and for good measure, taking paint protective measures such as Ceramic Waxing, Ceramic Coating or PPF. It is a correction, not a repair.

You can reach FPS Auto/ Mr. Ndunguvia the social media handles

IG: FPSAUTO
Twitter: FPSAutoNrb

Alternatively, you could visit FPS at their current premises located in Industrial Area, Nairobi, off Rd A.









lobally, cars are more than just for transportation – they are an extension of identity and pride. The need to maintain cars and keep them as good has expanded the car detailing market. The automobile world has evolved, and Kenya is on the cusp of this exciting transformation, making it easier to keep the car shining bright.

Ceramic coating, an automotive paint treatment, is fast becoming the choice for Kenyan motorists looking to keep their vehicles in spotless paint condition. This long-term nanoscopic protectant is shaking up the car care industry. It offers motorists a fresh layer of defence against paint wear and tear.

Although relatively new to Kenya, ceramic coating has existed for a long time. It traces its roots to the aerospace industry of the 1970s, where it started as a solution to safeguard military and commercial aircraft from extreme temperatures, corrosive substances, and UV rays.

Today, it is making waves in Kenya, with a growing number of firms offering ceramic coating services.

To delve deeper into this phenomenon, AutoNews Magazine visited Detailers Kenya, a player in the Kenyan ceramic coating scene.

This writer sat down with the company's Managing Director, Mercy Remour, who quit her job in the United Kingdom to introduce ceramic coating to the Kenyan market. An enthusiastic advocate of car detailing, Remour shed light on the wonders of ceramic coating.

"Ceramic coating is a shield, protecting your car's paint from blemishes, and damages, and prolonging its cleanliness," Remour explained. "After application, the vehicle gains an enduring glossy shine while staying resilient against environmental factors, including harmful UV rays."

So, what are the tangible benefits of ceramic coating? It offers extra protection against various environmental factors, including sunlight, hard water stains, and even bird droppings.

The coating safeguards the paint from scratches and peeling caused by mild road conditions, such as encounters with road stones.

However, Remour emphasized that not all vehicles are equal, and each requires a tailored approach. "We consider the car's paint condition and size in pricing. Our services start from Kes 50,000 for one year of protection, going up to Kes 110,000 for a five-year safeguard."

Beyond the promise of a scratch-free finish, ceramic coatings are celebrated for their ability to repel dirt, dust, and other contaminants that haunt vehicle paints.

"We introduced ceramic coating to Kenya in 2020, and since then, other players have joined the fray," Remour said.

"Motorists need to be cautious of counterfeit

ceramic coating products out there. What distinguishes us is our expertise and utilizing top-of-the-line products."

Remour's dedication to quality service has paid off – this year, her company, Detailers Kenya, clinched the title of "Best Car Detailers in Kenya," as awarded by the Automotive Awards.

But how does ceramic coating really work? Its scratch-resistance claims are often overstated. While ceramic coating may repel some minor scratches, it does not make your vehicle entirely impervious to the damage.

Also, improper car washing techniques or automated car washes can still create swirl marks on the car's surface. To get the best results, Car Detailers apply the coating manually.

Ideally, car owners should apply it shortly after purchasing their vehicles, as it requires minimal preparation.

For cars that have weathered the elements, a thorough paint correction and buffing precede the application to ensure a pristine surface This process ensures every part of the vehicle receives the protective embrace of ceramic coating.

Applying ceramic coating is an art, not just a task. It requires skill and a trained eye to ensure no part of the car is missed.

The coating process typically takes around eight hours, and then the vehicle needs two days to cure. The entire process takes three days.

It is advisable to refrain from washing the car for seven days to allow the coating to bond securely with the paint surface.

As a mark of confidence in their work, Detailers Kenya offers a warranty to guarantee satisfaction. According to Remour, the company has seen very few client complaints since its inception.

Beyond ceramic coating, the firm also specializes in paintwork and runs a garage that handles body and engine repairs.



Navigating Kenya with Confidence

Your Vehicle's Navigation System as Your Guide

v Trevor Lamenya

enya, with its diverse landscapes and vibrant cities, offers an incredible array of experiences for travelers. Whether you're a local or an adventurous tourist, having a reliable navigation system in your vehicle is essential to explore this beautiful country with ease. In this article, we'll explore how to use your vehicle's navigation system to navigate Kenya and make your journey enjoyable and stress-free.

1. Update Your Maps and Software:

Before embarking ensure that journey, your navigation vehicle's system has the most up-to-date maps and software. Kenya's road infrastructure is continuously evolving, and an outdated map might lead you astray. Check for system updates and map upgrades to stay on the right track.

2. Plan Your Route:

To start your journey, input your destination into the navigation system. Most modern vehicles offer a user-friendly interface for this purpose. You can enter your destination by inputting the address or selecting it from a list of points of interest. The system will then calculate the best route for you.

3. Consider Traffic Updates:

Kenyan cities, like Nairobi and Mombasa, can have congested traffic, especially during peak hours.
Your navigation
system may offer real-time
traffic updates, helping you
avoid traffic jams and find
alternative routes. Pay attention
to these updates to save time
and maintain your sanity.

4. Explore Points of Interest:

Kenya is known for its stunning natural beauty, wildlife, and attractions. Your cultural navigation system likely has a database of points of interest (POIs). Use this feature discover nearby parks, museums, restaurants, other attractions. It can be a handy tool to make impromptu stops and explore Kenya's hidden gems.

5. Use Voice Guidance:

While driving, it's important to keep your focus on the road. Most navigation systems offer voice-guided directions, which can be immensely helpful.

6. Offline Maps:

In remote areas where mobile network connectivity can be spotty, consider downloading offline maps. This ensures that even when you're off the grid, your navigation system can still guide you accurately.

7. Be Mindful of Security:

Unfortunately, some areas in Kenya may have safety concerns. Be cautious when following
n a v i g a t i o n
directions, especially if they
lead you to unfamiliar or remote
locations. Always prioritize your
safety and well-being.

8. Explore Diverse Terrains:

Kenya boasts a wide range of terrains, from bustling city streets to challenging off-road tracks. Your navigation system should have settings that allow you to tailor your route to the specific terrain you'll be traversing.

9. Utilize Landmarks:

Kenya is filled with iconic landmarks & distinctive features. Your navigation system may use these landmarks as reference points. For instance, "turn left after the big acacia tree" is a common instruction. Familiarize yourself with local landmarks to enhance your navigation experience

vehicle's conclusion, a navigation system be an invaluable tool for exploring Kenya. With the right preparations and mindful usage, you can confidently navigate Kenya's diverse landscapes, uncover its treasures, and make the most of your journey. Embrace the adventure, and let your navigation system be your reliable guide in this beautiful country.

Do rough roads hasten the aging of our cars?

By Timothy Albrite

t is a common belief that rough roads accelerate the aging process of vehicles, making a lot of motorists shy away from them unless necessary. Especially those that become impassable when it rains. But is that what truly contributes to the wear and tear?

Cars have a number of moving parts that endure a number of forces; friction, heat, impact, vibration, torsion, abrasion, load, corrosion and fatigue, all playing their part in the aging of a vehicle. Regardless of the road surface, these forces in play cannot be avoided. The wear and tear they cause are managed within the confines of a well designed and maintained vehicle.

Yet, the question lingers: Does driving on rough roads truly hasten the aging of our cars, or is it a matter of how diligently we maintain and handle our vehicles amidst the challenges of diverse terrains?

Rough roads, by their very nature, amplify the movement and intensify the workload on a car's components. The frequency and degree of this wear differ across various parts, with the suspension, mountings, joints, and tires often bearing the weight. It's undeniable that rough roads pose an additional burden, but is it enough to push a well-engineered vehicle beyond its design limits?

The answer lies in the delicate balance between the wear and tear caused by rough roads and the proactive maintenance undertaken by car owners. While the wear factors might marginally increase, the key to preventing excessive aging boils down to diligence and auto care.

Neglect and abuse, rather than road conditions, emerge as the true culprits behind premature aging. A car diligently maintained and sympathetically driven can withstand the challenges posed by rough roads without succumbing to undue wear and tear. Regular service maintenance, presafari checks, proper tire pressures, adequate lubrication levels, and an ear for any unusual noises become the armor

vehicle from accelerated aging.

The importance of routine maintenance cannot be overstated. Preventive maintenance, periodic checks and timely interventions in response to any signs of distress ensure that the intricate machinery within the vehicle continues to operate within its designed parameters.

Loose nuts, torn lubrication seals, misaligned wheels, fatigued springs, or cracked bushes—all symptoms of rough road wear—can be nipped in the bud through proactive care.

A careful driver who pays close attention to their car's performance and doesn't ignore any strange noises or rattles knows that by fixing these issues quickly, they can prevent their carfromaging faster. They understand that ignoring warning signs could lead to more serious problems in the future.

While rough roads undeniably contribute to increased wear, they need not serve as the reason behind a prematurely aged vehicle. Instead, it is the driver's commitment to regular maintenance, prompt interventions, and a sympathetic approach to their vehicle that ensures the aging process remains within manageable bounds, irrespective of the challenges posed by the road less traveled.





NTSA takes strides towards robust road crashes data collection and reporting By Timothy Albrite

he National Transport and Safety Authority (NTSA) is embarking on a significant initiative to revolutionize how road crash data is gathered and reported. Detailed in a draft regulations document obtained by AutoNews Magazine, NTSA is set to address the persisting challenges and deficiencies in Kenya's current system for reporting road accidents.

Accurate and comprehensive road crash data plays a pivotal role in creating awareness about road safety and shaping effective policies that enhance Road Safety. However, Kenya grapples with substantial hurdles in collecting this critical information, prompting the NTSA to propose comprehensive improvements.

This move aligns with the global efforts of nearly half of the countries in the WHO African Region, committed to strengthening reporting on road accident fatalities. The overarching objective is to halve road crash deaths by 2030, in line with the Global Plan for the United Nations Decade of Action for Road Safety, 2021–2030.

Emphasized in the 'Dakar Declaration,' adopted by 21 African countries, is the pressing need for improved data capture, analysis, and coordination to bolster road safety policies.

One of the glaring issues in Kenya's current system is the absence of a standardized traffic crash report form encompassing all necessary data elements for each incident. This leads to inconsistencies and incomplete information. Additionally, reliance on telephone calls between stations for daily records hampers the quantity and quality of available information

The existing crash records frequently lack updates, covering only those who died at the scene, without crucial GIS (Geographic Information System) location records or links to other vital data sources. This deficiency in a structured approach to broader road research safety underlines challenges, highlighting the urgent need for funding, coordination, and guidance on pivotal research queries.

While government agencies collect and utilize data, the NTSA emphasizes subjecting road safety data to rigorous and independent academic analysis. Establishing a dedicated community for road safety research is deemed crucial in bolstering the country's road safety objectives.

Immediate priorities encompass conducting and reporting observational surveys of key road safety activities, setting the stage for future research inquiries. Addressing these data collection and research challenges holds paramount

importance for Kenya to deepen its comprehension of road safety issues and make wellinformed decisions to augment safety measures.

Recognizing the significance of a meticulously designed monitoring and evaluation (M&E) framework, the NTSA stresses the need for effective implementation of the road safety action plan. A Multi-Agency governance team will oversee the National Road Safety Action Plan, guided by M&E reports to enact necessary corrective actions.

In pursuit of their objectives, key actions involve developing a national road safety database equipped with a GIS-enabled, web-based system for data capture, storage, analysis, and dissemination. A project is actively underway to establish a new crash data system, incorporating upgraded software, capacity building, and stakeholder training. Pilot testing aims to enhance the quality of collected crash data.

The NTSA underscores the urgency of delivering this project within the action plan period, integrating full implementation into future business planning. As Kenya strides towards fortifying its road safety data collection and reporting, the country aspires to construct a more comprehensive and accurate system, ultimately guiding impactful road safety measures.

Volvo V40: A safety-clad Swedish hatchback that is as stylish as it is safe

By Stephen Macharia

adies and gentlemen, gather around because we are about to embark on a vehicular journey. I have often found myself amidst the continual debate over Volvo cars. Some claim they are the Fort Knox of automobiles, while others are more, shall we say, cautious in their admiration.

In this sea of opinion, AutoNews Magazine decided to delve into the heart of the matter - the 2016 Volvo V40, a hatchback that has become as common in Nairobi as Nairobi traffic itself.

Now, the Volvo V40 finds itself competing in a rather tight-knit crowd, rubbing shoulders with the premium family cars of the world like the Audi A3, Volkswagen Golf, and the Mazda 3. It is no wonder it had to step up its game.

Produced from 2013 to 2019, the

V40, in an attempt to outshine its adversaries, made safety its middle name. And in 2016, it gave its front end a facelift by donning the 'Thor's Hammer' headlights, making it look bolder.

What about its rear? Well, it is dual exhausts, because even safety-conscious Swedes know that style matters.

Under the hood, you will find a turbocharged 1600 cc engine mated to a 6-speed automatic gearbox. **Enthusiasts** may quibble about the rough-andtumble feel, but that is because this gearbox means business. On a straight stretch, it is as quick off the line as a sprinter in starting blocks, and it maintains that superb acceleration while sipping fuel - a nod to the global trend of small but mighty engines.

As for choices, you have got two: 1600cc or 2000cc. The T4 model

packs a hefty 190 horsepower and 300 Nm of torque, giving it the kind of grunt that could make a rhino blush.

And if you are the type who likes to feel like you are driving inside a crystal palace, there is an option for a fixed panorama glass sunroof that stretches from the front windscreen to the backrest of the rear seats, letting you stargaze while stuck in Nairobi's notorious traffic.

Inside the V40, you will be greeted by a busy console. It has buttons galore, signalling a range of functionalities that could rival the control panel of a spaceship. There is a standard five-inch screen and a delightful mix of new and old-school features. The joystick-style gear lever is an eccentric reminder of days gone by, and the old-fashioned long-pull handbrake adds a touch of nostalgia.



But here is the kicker: the boot is a bit smaller at 324 litres. The sloping roofline might make tall passengers feel like they are in the wrong car, but this vehicle was designed for modern families, not giants.

Where the V40 truly shines is in its emphasis on ergonomics - comfort, and the kind of driving experience that makes you wonder why you ever considered a different vehicle. The wide instrument panel and fluid door design create a spacious, "large-car".

And it is not just about looks; the V40 comes equipped with front and rear parking sensors, an autoparking system, power-adjustable driver and front passenger seats, leather upholstery, dual-zone climate control, 17-inch 'Sarpas' alloy wheels, and proximity key entry.

But here is the pièce de résistance: the V40's safety features could make other car manufacturers blush. Antilock brakes, electronic brake distribution, autonomous emergency braking, and electronic stability control are all standard, ensuring that you will be safe.

And if, heaven forbid, you ever collide with a pedestrian, the V40 has a world-first Pedestrian Airbag. Sensors in the front bumper detect the impact and deploy an airbag from the rear of the bonnet, mitigating the consequences of the collision – because Volvo takes safety seriously.

With its Dynamic chassis, this hatchback offers an alert, quick-responding driving experience without sacrificing ride comfort. The car also comes with rain-sensing windshield wipers and 16-inch wheels with alloy rims as standard.

But here is the cherry on top: the side impact protection system that safeguards all passengers, including the driver, and it even helps control the wipers based on rain density, so you can keep your focus on the road, even when Mother <u>Nature decides to throw a tantrum.</u>

So, if you are looking for a vehicle that blends safety, style, and Scandinavian charm, the V40 might just be the Volvo-lution you have been waiting for.





By Timothy Albright

n a bid aimed at combating speeding and achieving the United Nations Sustainable Development Goals (SDGs) of reducing road trafficrelated fatalities, the Kenyan government is gearing up to launch an all-encompassing road safety action plan.

The plan, poised to revolutionise road safety across the nation, holds the potential to significantly influence driving speeds and ultimately safeguard the lives of road users.

Under the aegis of the National Transport and Management Authority (NTSA), the Kenyan government has unveiled a sweeping roadmap to address the harrowing statistics of road accidents. This roadmap not only seeks to reduce fatalities but also to usher in a new era of safety for all those who traverse Kenyan thoroughfares.

A paradigm shift in speed Central management ambitious initiative the adoption of "safe system principles" for speed management. At its core, this strategy advocates harmonising motor vehicle speeds with the functional, utilitarian, and safety attributes of each road. The objective is to establish more uniform speed limits and a more secure road network.

NTSA is on the cusp of introducing an extensive speed limit-setting reform project, aiming to evaluate the current rules and practices governing speed limits on both national and county roads.

This thorough examination is the bedrock for aligning these limits with the safe system principles, giving rise to distinct speed limits tailored to various road types and c ircumstances.

For instance, NTSA is proposing the following speed zones:

30 km/h Zones: These will be designated in areas where the likelihood of pedestrian and cyclist accidents is high, such as villages, school zones, and commercial areas.

50 km/h Zones: Enforced in areas susceptible to side-impact collisions, such as busy intersections.

70 km/h Zones: Prescribed for areas prone to head-on collisions, notably undivided rural highways.

The future of safe speeds

To exemplify the benefits of applying safe system principles to speed management, NTSA is launching two demonstration projects. One project will focus on rural road networks, while another will concentrate on urban areas. These projects

will amalgamate reduced speed limits with infrastructural enhancements, wide-scale information dissemination, and robust enforcement operations. Their ultimate aim is to underscore the advantages of safe speed management across the entire nation.

NTSA is aware that excessive motor vehicle speed is a global concern, and Kenya is no exception. To tackle this issue, a demonstration project employing proven safety technology is on the horizon.

components Key of undertaking encompass comprehensive legislative and operational adjustments, determining the scope demonstration project, deploying various detection (including fixed systems cameras at high-risk sites, mobile cameras for general deterrence, and average speed cameras for lengthy highway compliance), and adhering to top-tier project management practices. Rigorous monitoring and evaluation will be an integral part of this project to ensure its efficacy.

If this initiative is successfully executed, Kenya may will serve as a global model for other countries grappling with the tragic aftermath of road accidents.

Kenya's new vehicle market hits the brakes:

What's driving the slowdown?

By Stephen Macharia

enya's new vehicle market has been in the midst of a transformation this year, with the roar of new engines taking an unexpected backseat. Industry data reveals that new motor vehicle sales for the nine months leading up to September have taken a hit, plummeting by double digits compared to a similar period last year. The cloud of dwindling demand is casting a shadow not seen since the onset of the Covid-19 pandemic.

Beneath the hood of this downturn, local sales for the first three-quarters of 2023 fell from 9,868 units to 8,715 units, marking an 11.68% drop in demand. While this might sound like a mere statistic, it concerns the 16 new vehicle dealers in Kenya.

Kenya's affinity for new vehicles is no secret, with the advantages of zero mileage proving irresistible to both well-heeled Kenyans and institutions. However, the growing demand for new vehicles seems to have encountered braking forces.

Unravelling the reasons behind the slump in demand

So, what is driving this sudden slump? Like a finely tuned machine, a combination of factors contributes to the decline in demand.

The Kenya shilling has declined against major global currencies, increasing import costs that impact vehicle prices. As the shilling struggles to keep pace, buyers bear the pinch.

Rising interest rates for vehicle financing have sent shockwaves through the market. As banks demand higher interest on loans, the need to buy a new car, while there is a used imported unit as an alternative, might take a back seat to more

economical options.

Elevated inflation rates have also rippled through the economy, increasing the cost of living and impacting purchasing power. A family car or sleek SUV become less of a priority.

The government's unpaid bills to institutions have been piling up. Experts suggest that this financial backlog has led to corporations slowing down on their vehicle purchases. Why buy new cars when uncertainty surrounds the bottom line?

The industry landscape

The impact is widespread, with some of the major players in the industry experiencing a sudden change of gears. A household name in Kenya, Isuzu witnessed a drop in sales, down to 3,946 units from 4,451 units in 2022.

Simba Corp, a market heavyweight with franchises including Proton and Mitsubishi brands saw its sales drop. Tata Holdings experienced an 18.36 per cent drop in sales.

However, it is not all doom and gloom. Amid the sea of red figures, CFAO Motors Kenya stands out as the performer.

Merging the operations of Toyota Kenya and DT Dobie in May, CFAO Motors broke the trend by recording a 6.07 per cent growth in demand, reaching 2,376 vehicles compared to 2,240 units in the previous year.

Only time will tell when the gears will shift, and Kenya's demand for new vehicles will rev up again.





lectric vehicle (EV) sales have been growing at a rapid pace. Their share of the global car market has risen. However, this means internal combustion engine (ICE) cars still dominate global vehicle sales.

The fear of running out of battery power while on the road (known as "range anxiety") is one reason why people are hesitant to adopt EVs. But research raises another interesting question: could the appeal of car sounds be a factor influencing drivers to choose environmentally harmful cars?

Unless an ICE is switched off, it will always produce some noise as a byproduct of converting fuel into motion. Electric motors also make some noise, but one of the first things you notice when getting behind the wheel is that their dull whine is significantly quieter than the roar of an engine.

While EVs are associated with far fewer greenhouse gas emissions than their ICE counterparts, the sound they make lacks the emotive pull that draws people towards traditional ICE vehicles. Nowhere can this be seen more clearly than in motorsports. During overrun – when droplets of fuel escape onto hot exhaust pipes – these vehicles produce a loud series of pops and cracks that ignite the passion of fans.

Emotional response and car culture

By examining research in this field, we can break

down the reasons behind the emotive influence engines hold over people. For many people the sound of a car's engine elicits a thrilling and exciting emotional response. It can also trigger a deep sense of nostalgia

The authors of the 2002 book "Autopia, Cars and Culture", Peter Wollen and Joe Kerr, note that car sounds seem to "evoke ancient associations with primeval creatures, be they mythical monsters or beastly animals, beings of and by which we are in equal measures terrified and fascinated".

The appeal of loud car exhaust noise can also be influenced by cultural factors, reflecting the significance of cars and car culture in many societies.

Japan, for example, has a widely celebrated street-racing culture. Initial D, a classic Japanese manga cartoon which became a popular animated story, described street racing *39./8taking place at night in the mountainous Gunma prefecture of central Japan. The story influenced a subculture within Japan of people taking part in illegal nighttime races along winding mountain passes.

Acoustic characteristics

The specific acoustic characteristics of a car's exhaust noise also play a role in its appeal. Research from 2006 found that certain frequencies and harmonics are more pleasing to the ear than

others.

Often it is these preferred characteristics that are present in the exhaust notes of sporty cars. In fact, many modern ICE cars have exhaust notes tuned, sometimes even artificially, to sound more pleasing.

Separate research has explored the impact of engine sounds on our brains. The results of this study indicated that the particular characteristics of engine sounds have a significant effect on neuronal activity in the auditory cortex – the part of the brain responsible for processing sound.

When exposed to a preferred engine sound, neuronal activity lasted longer, suggesting that people's auditory and neurological responses to car engine sounds can shape their subjective preferences for those sounds.

What about quieter EVs?

The powerful roar of a petrol engine stirs our emotions, is firmly embedded in car culture and perhaps even stimulates our brains. But EVs hold their own unique appeal, albeit in a more subdued manner.

Research suggests that the quiet sound of EVs is calmer for drivers. In 2018, psychoacoustician Duncan Williams monitored the brain activity of four London taxi drivers as they drove both electric and diesel black cabs. Those driving EVs were found to be more focused, calmer and happier than those driving cars with a diesel engine.

Another study, which surveyed EV drivers' driving behaviour in the US, arrived at a similar conclusion. It found that EV drivers tend to adopt a calmer driving style, with smoother acceleration and braking. Even the routes they took differed compared to ICE drivers in the same study.

This more relaxed driving style may, at least in part, be motivated by the desire of EV drivers to maximise the environmental benefits of their vehicle. But the implications of calm driving like this extend beyond personal comfort and protecting the planet.

It can potentially lead to less road rage, fewer accidents and generally better wellbeing. These advantages are especially significant considering car accidents kill or seriously injure, for example, one person in the UK every 16 minutes.

Yet, for those that love the sound of a noisy car engine, all is not lost. Some car manufacturers, such as BMW and Porsche, have experimented with acoustic synthesisers in EVs to make them sound more like petrol engines. Nevertheless, to lower dangerous greenhouse gas emissions and create safer roads, quieter EVs emerge as the better choice for everyone's sake.

Tom Stacey is a Senior Lecturer in Operations and Supply Chain Management, Anglia Ruskin University

THE CONVERSATION





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 - 20% Discount on Carnet De Passage
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- Roadside Assistance
- Discounted rates on AA services 20% Discount on Towing
 - 20% Discount on International Driving Permit (IDP)
 - 20% Discount on Carnet De Passage

 - •10% Discount on Driver Assessment 10% Discount on Defensive Driving
 - 40% Discount Brief Valuation
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